

**Christmas 2020 Menu**  
**Orders close on 16 December**  
**Pick up on 23 December from 8am to 4pm**  
**Pick up on 24 December from 6am to 2pm**

Salads Made Fresh - Monday to Friday 8am to 4pm | Saturday 8am to 4pm  
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<b>Coleslaws</b>	<b>\$ per kg</b>
<b>Diced (GF, V)</b> cabbage, onion, carrot, herbs, coleslaw mayonnaise	<b>8.90</b>
<b>Traditional/sliced (GF, V)</b> cabbage, onion, carrot, capsicum, coleslaw mayonnaise	<b>9.20</b>
<b>Dry mix (GF, VG)</b> cabbage, onion, carrot, herbs	<b>8.90</b>
<b>Caribbean (GF, V)</b> cabbage, mango, onion, capsicum, herbs, curry mayonnaise	<b>10.60</b>
<b>Tropical (GF, V)</b> cabbage, pineapple, mayonnaise, coleslaw mayonnaise	<b>10.60</b>
<b>Potato Salads</b>	<b>\$ per kg</b>
<b>Aussie Potato (GF, V)</b> potato, onion, herbs, mayonnaise	<b>9.20</b>
<b>Potato, Egg and Bacon (GF)</b> potato, egg, bacon, celery, capsicum, herbs, dressing	<b>10.90</b>
<b>Potato, Egg and Cheese (D, GF)</b> potato, egg, cheese, capsicum, onion, celery, herbs, sour cream, mayonnaise	<b>10.90</b>
<b>Potato, Mustard and Chives (GF, V)</b> potato, wholegrain mustard, chives, mayonnaise	<b>9.20</b>
<b>German Potato (GF, V)</b> potato, onion, celery, capsicum, herbs, mayonnaise, mustard	<b>9.60</b>
<b>Bush Tucker (GF, V)</b> potato, pumpkin, sweet potato, carrot, onion, garlic, herbs, dressing, mayonnaise	<b>10.90</b>
<b>Wholegrain Mustard (GF, V)</b> potato, onion, capsicum, celery, shallots, wholegrain mustard, mayonnaise	<b>9.20</b>
<b>Specialty Salads</b>	<b>\$ per kg</b>
<b>Carrot Coconut (VG, GF)</b> carrot, coconut, sultanas, herbs, dressing	<b>9.90</b>
<b>Seafood Salad</b> seafood flakes, celery, prawns, herbs, mayonnaise	<b>12.60</b>
<b>Waldorf (D, V)</b> apple, celery, walnut, sour cream, mayonnaise	<b>10.40</b>
<b>Pumpkin Couscous (V)</b> pumpkin, couscous, herbs, capsicum, dressing	<b>10.40</b>
<b>Pumpkin and Feta (D, V)</b> pumpkin, feta, red onion, cherry tomatoes, baby spinach, capsicum, pine nuts, balsamic vinegar	<b>16.50</b>
<b>Prawn Salad (GF)</b> prawns, cabbage, carrot, capsicum, celery, onion, shallots, french dressing, seafood sauce	<b>15.10</b>
<b>Meat</b>	<b>\$ per kg</b>
Cold Chicken	<b>11.50</b>
Sliced Roast Beef	<b>27.00</b>
Australian Sliced Leg Ham Off The Bone	<b>26.99</b>

<b>Pasta Salads</b>	<b>\$ per kg</b>
<b>Chicken Mango</b> spiral pasta, chicken, mango, capsicum, onion, coconut, spices, curry mayonnaise	<b>12.90</b>
<b>Creamy Basil (V)</b> shell pasta, tomato, carrot, capsicum, herbs, basil, mayonnaise	<b>9.80</b>
<b>Curry Pasta (V)</b> shell pasta, egg, carrot, herbs, curry mayonnaise	<b>9.80</b>
<b>Creamy Chicken Pesto</b> spiral pasta, chicken, parmesan, herbs, pesto dressing	<b>12.80</b>
<b>Italian (V)</b> spiral pasta, tomato, capsicum, olives, carrot, garlic, herbs, Italian dressing	<b>11.20</b>
<b>Pasta Pesto (V)</b> penne pasta, parmesan, herbs, pesto dressing	<b>10.90</b>
<b>Pasta (D, V)</b> elbow pasta, onion, carrot, capsicum, herbs, sour cream, mayonnaise	<b>9.20</b>
<b>Tropical</b> spiral pasta, pineapple, capsicum, coconut, ham, dressing	<b>9.90</b>
<b>Sweet Spiral (V)</b> spiral pasta, corn kernels, capsicum, onion, carrot, mayonnaise	<b>9.80</b>
<b>Seafood</b> pasta, onion, capsicum, seafood flakes, prawns, celery, salt, pepper, mayonnaise	<b>14.60</b>
<b>Family Favourites</b>	<b>\$</b>
<b>Spaghetti Bolognese (D)</b> spaghetti, beef mince, pasta sauce, garlic, onion, herbs, spices, cheese (separate pack)	<b>10.40/kg</b>
<b>Potato Bake (D)</b> potato, bacon, garlic, cream, salt, pepper, cheese	<b>13.50/kg</b> <b>7.65 (400g)</b>
<b>Lasagne (D)</b> beef mince, lasagne sheets, garlic, onion, salt, pepper, herbs, white sauce	<b>13.50/kg</b> <b>7.65 (400g)</b>
<b>Cottage Pie (D)</b> beef mince, carrots, peas, corn, garlic, onion, potato	<b>13.50/kg</b> <b>7.65 (400g)</b>
<b>Vegetarian Patties (D, GF) (20 x 50g each)</b>	<b>15.70</b>
<b>Vegetables</b>	<b>\$ per kg</b>
Shredded carrot	6.10
Shredded lettuce	6.90
Red onions (sliced/diced)	5.99
Brown onions (sliced/diced)	5.10
Sliced tomatoes	8.50
Peeled pumpkin	5.50
Stir Fry Vegie pack	14.50
Mixed Vegie pack - steam or roast	14.50
Zucchini Noodles	9.00
Cauliflower Rice	10.00

**Legend**

**V=Vegetarian | VG=Vegan | D=includes dairy | GF=Gluten free**